

ITALIAN SAUSAGE KALE SOUP

Ingredients

- 2 lb Italian sausage, browned (I use 1 lb of hot & 1 lb of mild)
- 1 onion, chopped
- 1 bud roasted garlic (yes the whole bud, not just a clove)
- 1-2 potatoes, unpeeled, sliced thin in rounds
- 2-3 boxes of chicken broth (med size)
- 2 cups sliced mushrooms
- 1-2 bunches of kale
- salt & pepper to taste
- Red pepper flakes, to taste
- 1-2 cups half & half, approx 30 minutes before serving

Directions

Brown sausage, onions, garlic & potatoes. Add chicken broth, kale & mushrooms. Approx 30 minutes before serving, add half & half. Sometimes I add green onion tops chopped before serving. Yummy!

Cook's Notes:

"This is a knock-off of the Olive Garden soup, but I added mushrooms. My family loves it."